



Discover Your  
Community!

Town of  
**ISLIP**

Department of Parks, Recreation and Cultural Affairs  
Division of Senior Citizen Services

# SENIORS CONNECT

Volume 187

May/June 2025



**Angie M. Carpenter, Supervisor**

**TOWN BOARD**

**James P. O'Connor • Jorge Guadrón • John M. Lorenzo • Michael McElwee, Jr.**

**Linda D. Vavricka, Town Clerk • Andy Wittman, Receiver of Taxes**

**Thomas S. Owens, Commissioner of Parks, Recreation and Cultural Affairs**



# WELCOME



## A Message From... ISLIP TOWN SUPERVISOR ANGIE M. CARPENTER

Dear Residents,

The Islip Town Board and I are very pleased to present this latest issue of *Seniors Connect*.

Please feel free to contact any one of our **Senior Centers** located throughout the Town, and our staff will be happy to provide more information about our programs, including how to obtain your **FREE Senior Citizen Identification Card**.

The Senior Citizen Division offers numerous programs to assist the seniors within our Town, especially those programs designed to enable seniors to remain in their homes independently for as long as possible. Services provided by the Town include the **FREE Home Maintenance Repair Program**, the **Expanded In-Home Services for the Elderly Program**, the **Senior Center Nutrition Program**, the **Grab & GO Meal Program**, the **Home Delivered Meal Program**, and our newest program, the **Shopping Assistance Program**. All of these programs are funded by the Administration for Community Living through the New York State Office for the Aging, Suffolk County Office for the Aging and the Town of Islip. See page 6-7 for program details.

We are scheduling transportation for medical appointments and food shopping, so please call **(631) 224-5686** to reserve your spot.

Calling all water lovers! The ever-popular **Summer Splash Program** returns to a Town pool near you starting July 8th. See page 19 for class schedules, and call **(631) 224-5310** to register.

By popular demand, the Town's Division of Senior Services is planning a day trip to **Jake's 58** this summer. Keep an eye out for future announcements on the date and time. **FREE Art and Tai-Chi Classes** are in full swing, so please call your local center to reserve a spot.

**"Get Fit with Nick"** continues to be a popular **FREE** activity, and is offered at all the senior centers. **"Get Fit with Nick"** fitness programming is also available for seniors to enjoy in the comfort of their homes! Programming can be watched on **Islip TV Channel 18** on Optimum at 8:30 am, 3:00 pm, and 6:00 pm. Exercise on a regular basis is important, and a great way to keep active and energized. For a **FREE "Get Fit" DVD**, call Supervisor Angie Carpenter's Office at **(631) 224-5506**.

We are happy to once again offer nutritious lunches at the senior centers; however, **reservations are required to participate!** If you are homebound, and need a home delivered meal, please call the **Town of Islip Nutrition phone line at 631-595-3510**.

Please visit our website, **[www.islipny.gov](http://www.islipny.gov)** and take a moment to sign up for our E-Alerts. E-Alerts are the fastest way to receive important announcements and information, including weather and storm-related news and advisories. Our website also provides more information about the exciting programs and services Islip offers all its residents.

Of course, if you have any questions, please don't hesitate to call **(631) 224-5340**, and a representative of Islip's Senior Citizens Office will be happy to offer assistance.

Stay safe, healthy and active.

Warmest Regards,

Angie



The Town of Islip proudly celebrated the grand reopening of the Central Islip Senior Center with a special ribbon cutting ceremony! Supervisor Angie Carpenter and members of the Town Board joined together with the community to mark this exciting new chapter, highlighting the vital role senior centers play in bringing residents together. After the ceremony, Supervisor Carpenter and the Town Board even took a moment to break in the brand-new ping pong table themselves, alongside local seniors and staff. The newly renovated center is now open and ready to welcome visitors, located at 555 Clayton Street.



## Senior Center Volunteer Breakfast:

Senior Center volunteers were celebrated at a special appreciation breakfast banquet held in their honor. Town Supervisor Angie Carpenter, along with staff from each senior center, presented awards to the volunteers, recognizing their time, talent, and dedication. The morning was filled with gratitude and appreciation for the incredible impact these volunteers have on their centers and the community at large.



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# REMINDER ABOUT YOUR TAXES

## MESSAGE FROM: ANDY WITTMAN, RECEIVER OF TAXES

**Second Half Taxes are due on or before May 31st, 2025**

THE LAST DAY FOR PAYMENT OF 2024-2025 TAXES AT THIS OFFICE will be MONDAY, June 2, 2025. After that date, taxes plus penalty and interest must be paid to the Suffolk County Comptroller's Office in Riverhead, N.Y.

If you have already paid your 2024-2025 taxes, please disregard this notice.

### **\*PLEASE NOTE\***

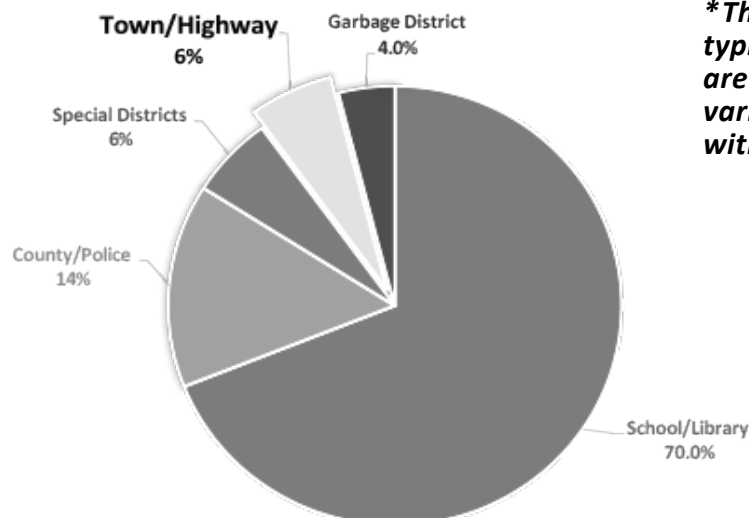
- You do not need to wait until May 31st to pay the second half of your property taxes
- You can pay your property taxes online at **Tax.IslipNY.gov**
- You can pay in person or through the mail
- If sending payment through the mail, please;
  - Include a daytime phone number on your payment stub
  - Have your envelope marked with an official USPS Postmark to avoid penalty

ANDY WITTMAN, RECEIVER OF TAXES  
40 Nassau Avenue, Islip, N.Y. 11751-3629  
Tel: (631) 224-5580

REGULAR HOURS: Monday - Friday 8:30 A.M. to 4:30 P.M.  
EVENING HOURS: Monday, June 2, 2025 8:30 A.M. to 7:00 P.M.

Please note our office will be closed on:  
MONDAY, MAY 26, 2025 IN OBSERVANCE OF MEMORIAL DAY

## DISTRIBUTION OF YOUR TAXES



*\*This chart indicates how a typical homeowner's taxes are distributed among the various taxing jurisdictions within the Town of Islip.*



# ABOUT OUR SERVICES

## **Senior Citizen I.D. Cards**

Senior Citizen I.D. cards are available for senior residents 60 years of age and over. The Senior I.D. card is available at the I.D. Office located at Brookwood Hall, 50 Irish Lane, East Islip, 8:30 a.m. to 4:30 p.m. Please bring proof of residency and age. You can also obtain a card by mail; just send a copy of your driver's license or proof of residency and age to the ID Office, Brookwood Hall, 50 Irish Lane, East Islip, NY 11730. The card will be mailed back to you along with the copy of your driver's license.

## **Senior Clubs**

There are 9 senior citizen clubs affiliated with the Town of Islip. Clubs meet at the Town of Islip Senior Centers. If you're interested in making new friends, going on trips, attending monthly meetings, luncheons and parties, call for further information, (631) 224-5340.

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The following programs have a suggested confidential, voluntary, anonymous contribution of \$2.00, that is used to expand the program. No one shall be denied a service due to their inability to contribute. Our Programs and Services are partially funded by the Administration for Community Living through the New York State Office for the Aging and the Suffolk County Office for the Aging.

## **Transportation Program**

Transportation services are provided for Islip seniors who have no access to private or public transportation and cannot afford private taxi fare. This program provides transportation to our senior centers, as well as essential transportation to medical and healthcare facilities, government services and food shopping within the Town of Islip. Please call at least two weeks before service is needed. First-come, first-served. Limited availability. For more information call (631) 224-5686.

## **Home Delivered Meal Program**

This service delivers frozen meals, weekly, to seniors who are unable to prepare meals and have no one available to assist them. An in-home evaluation process for participation in this program is necessary. For further information and/or to put your name on the waiting list, call (631) 595-3510.



# ABOUT OUR SERVICES

## **Senior Center Nutrition Programs**

There are six nutrition sites located in the Town of Islip: Brentwood, Central Islip, East Islip, Oakdale, Ronkonkoma and West Islip. Transportation to the center may be arranged by center staff. The centers provide a nutritious lunch, Monday through Friday. Reservations must be made in advance. For more information call (631) 595-3510.

## **Grab & Go Meals**

If you are unable to participate in the on-site Congregate Nutrition Program at one of our Town of Islip Senior Centers, you or a representative may be able to pick up frozen meals each week at either the East Islip, Ronkonkoma or West Islip Senior Center. Please call (631) 224-5340 for further details and to determine your eligibility.

## **Shopping Assistance Program**

A Town of Islip employee will be available to assist those residents 60 years of age and older with getting food into their home. The assistance could include online ordering, shopping on behalf of the senior or perhaps assisting the resident at the market. Resident is responsible for cost of groceries. Please call (631) 224-5340 for further details and to determine your eligibility.

## **Expanded In-Home Services for the Elderly Program (EISEP)**

This program provides case management through Suffolk County Office for the Aging and non-medical, in-home assistance for persons over 60 years of age who are unable to complete home management tasks. Services may include shopping, laundry and light housekeeping. Persons who are not Medicaid eligible and who need housekeeping services to ensure their health and safety at home may call Suffolk County Office for the Aging to apply, (631) 853-8200. Please be advised, there may be a waiting list and some may be required to pay a cost share for services.

## **Home Maintenance Repair Program**

Assistance is provided for small household repairs that the homeowner/renter is not able to manage. The homeowner/renter is responsible for parts and supplies only. Call (631) 224-5424 for more information.



# SENIOR CENTER LOCATIONS & NUTRITION INFORMATION

## Senior Centers

The senior centers are a focal point in communities for information, programs and activities for all residents age 60 and older. The six town-wide senior citizen centers are located in Brentwood, Central Islip, East Islip, Oakdale, Ronkonkoma and West Islip. There are activities for all! Whether you are interested in getting fit by participating in our exercise, walking or swim programs or the artist in you is waiting to surface, please consider visiting or calling our centers for further details. Senior citizens are welcome to attend any program at any center. The center locations are as follows:

### **Caesar Trunzo Senior Center**

16 Second Avenue  
Brentwood, NY 11717  
(631) 436-6072

### **Joyce Fitzpatrick Senior Center**

50 Irish Lane  
East Islip, NY 11730  
(631) 224-5396

### **Ronkonkoma Senior Center**

299 Rosevale Avenue  
Ronkonkoma, NY 11779  
(631) 467-3324

### **Central Islip Senior Center**

555 Clayton Street  
Central Islip, NY 11722  
(631) 595-3508

### **Oakdale Senior Center**

963 Montauk Highway  
Ockers Community Room  
Oakdale, NY 11769  
(631) 472-7023

### **West Islip Senior Center**

90 Higbie Lane  
West Islip, NY 11795  
(631) 893-8932

## Center Meals

**Congregate Meals** – Lunch is available to eligible Town of Islip senior citizens at our six nutrition centers, Monday through Friday. Transportation may be available. Please call for information.

**Home Delivered Meals** – This service delivers frozen meals weekly to those who are unable to prepare meals, have difficulty shopping for food and have no one available to assist them while they are incapacitated or recuperating from an illness or accident. Eligible seniors can receive a total of 5 meals weekly from the Congregate Nutrition Program, the Home Delivered Meal Program or a combination of the two. A **voluntary** contribution of \$2.00 per meal is suggested. Meals will not be denied if no contribution can be made. For more information, please call (631) 224-5340.

Persons with self-declared incomes at or above 185% of the Federal poverty level are encouraged to make a contribution equal to the cost of the meal. All contributions are used to expand the Nutrition Program. Our programs and services are partially funded by the Administration for Community Living through the New York State Office for the Aging and the Suffolk County Office for the Aging.





# UBICACIONES DE LOS CENTROS PARA PERSONAS MAYORES Y PROGRAMAS DE NUTRICIÓN

## Centros para personas mayores

Los centros para personas mayores son un punto focal en las comunidades para obtener información, programas y actividades para todos los residentes de 60 años o más. Los seis centros para personas mayores en toda la ciudad están ubicados en Brentwood, Central Islip, East Islip, Oakdale, Ronkonkoma y West Islip. ¡Hay actividades para todos! Ya sea que esté interesado en ponerse en forma participando en nuestros programas de ejercicio, programas de caminar de natación o si el artista que hay en usted está esperando para salir a la superficie, considere visitar o llamar a nuestros centros para obtener más detalles. Los adultos mayores pueden asistir a cualquier programa en cualquier centro. Las ubicaciones de los centros son las siguientes:

### **Caesar Trunzo Senior Center**

16 Second Avenue  
Brentwood, NY 11717  
(631) 436-6072

### **Joyce Fitzpatrick Senior Center**

50 Irish Lane  
East Islip, NY 11730  
(631) 224-5396

### **Ronkonkoma Senior Center**

299 Rosevale Avenue  
Ronkonkoma, NY 11779  
(631) 467-3324

### **Central Islip Senior Center**

555 Clayton Street  
Central Islip, NY 11722  
(631) 595-3508

### **Oakdale Senior Center**

963 Montauk Highway  
Ockers Community Room  
Oakdale, NY 11769  
(631) 472-7023

### **West Islip Senior Center**

90 Higbie Lane  
West Islip, NY 11795  
(631) 893-8932

## Comidas del Centro

**Comidas Colectivas** – El almuerzo está disponible para las personas mayores elegibles del Pueblo de Islip en nuestros seis centros de nutrición, de lunes a viernes. Puede haber transporte disponible. Llame para obtener información. Puede haber transporte disponible. Llame para obtener información.

**Comidas entregadas a domicilio:** este servicio entrega comidas congeladas semanalmente a quienes no pueden preparar comidas, tienen dificultades para comprar alimentos y no tienen a nadie disponible para ayudarlos mientras están incapacitados o se están recuperando de una enfermedad o accidente. Las personas mayores elegibles pueden recibir un total de 5 comidas semanales del Programa de Nutrición Congregada, el Programa de Comidas entregadas a Domicilio o una combinación de los dos. Se sugiere una contribución **voluntaria** de \$2.00 por comida. No se negarán las comidas si no se puede hacer ninguna contribución. Para obtener más información, llame al (631) 224-5340.

Se anima a las personas con ingresos declarados iguales o superiores al 185% del nivel federal de pobreza a hacer una contribución equivalente al costo de la comida. Todas las contribuciones se utilizan para ampliar el Programa de Nutrición. Nuestros programas y servicios son financiados en parte por la Administración para la vida comunitaria a través de la Oficina para personas mayores del estado de Nueva York y la Oficina para personas mayores del condado de Suffolk.



# HOME MAINTENANCE REPAIR PROGRAM



**Town of Islip**

# Home Maintenance Repair Program



## **We Install!**

- Door Locks
- Shades & Curtain Rods
- Grab Bars
- Window Screens
- Spring Installation & Fall Removal of Air Conditioners

## **We Paint!**

- Interior Rooms of your Home
- Exterior Doors

## **We Clean!**

- Gutters in early Spring & early Fall - First floor only - Limited availability, call for details

*No plumbing or electrical work.*

*No charge for labor. Resident is responsible for parts & supplies only.*

**CALL  
FOR  
INFO**

# 631-224-5424



# MANTENIMIENTO DEL HOGAR PROGRAMA DE REPARACION



**Town of Islip**

# Mantenimiento Del Hogar Programa De Reparación



## **Instalamos!**

- Cerraduras de Puertas
- Rieles de Seguridad
- Persianas y Barras de Cortina
- Pantallas de Ventana
- Aire Acondicionados: Instalación en la Primavera y Remover en el Otoño

## **Pintamos!**

- Habitaciones en el Interior de su Casa
- Las Puertas Exteriores

## **Limpiamos!**

- Canalones a Principios de Primavera y Principios de Otoño - Solo primer piso - Disponibilidad limitada, llame para más detalles

*No se hacen trabajos de plomería o electricidad.*

*No hay cargo por mano de obra. El residente es responsable únicamente por las piezas y los suministros.*

**PARA MÁS  
INFORMACIÓN  
LLAME**

# 631-224-5424



# Get Fit with Nick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u><b>RONKONKOMA</b></u>  Get Fit with Nick 9:30 a.m. to 10:30 a.m.	<u><b>CAESAR TRUNZO</b></u>  Get Fit with Nick 10:00 a.m. to 11:00 a.m.	<u><b>WEST ISLIP</b></u>  Get Fit with Nick 9:00 a.m. to 10:00 a.m.	<u><b>JOYCE FITZPATRICK</b></u>  Get Fit with Nick 9:00 a.m. to 10:00 a.m.	<u><b>OAKDALE</b></u>  Get Fit with Nick 10:00 a.m. to 11:00 a.m.
<u><b>WEST ISLIP</b></u>  Get Fit with Nick 12:30 p.m. to 1:15 p.m.	<u><b>JOYCE FITZPATRICK</b></u>  Get Fit with Nick 12:15 p.m. to 1:15 p.m.	<u><b>CAESAR TRUNZO</b></u>  Get Fit with Nick 10:15 a.m. to 11:00 a.m.	<u><b>CENTRAL ISLIP</b></u>  Get Fit with Nick 10:15 a.m. to 11:15 a.m.	

**SENIORS, COME SHARE THE FUN  
AT ANY ONE OF OUR CENTERS...**

**ENJOY OUR **FREE** INSTRUCTION PROGRAMS  
AND MANY MORE**

**Exercise Classes  
Pickleball**

**Craft Program  
Art Classes**

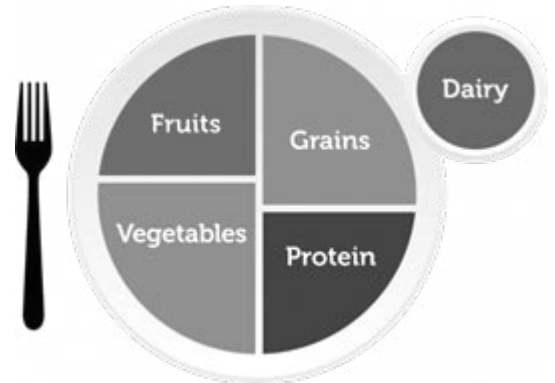
**Contact your local center for activity schedules and programs**



## Flip the Script with My Plate

Every May in the U.S. we observe Older Americans Month. We take the time to recognize the contributions made by senior citizens, promoting their well-being, and highlighting aging trends. This year's theme is "Flip the Script on Aging."

Let's take the time to flip the script with My Plate to promote health and improve quality of life. When you focus on eating nutrient-rich foods like fruits, vegetables, whole grains, lean protein, low-fat dairy, and limiting added sugars and sodium intake they may help lower the risks of developing heart disease, diabetes, high blood pressure, and cholesterol.



- **Fruits and vegetables-** make half your plates fruits and vegetables. When selecting canned items search for the labels that read "in its own juice" or "low sodium" or aim to eat whole fruit- 1 ½ cups and vegetables of various colors- 2 ½ cups total each day.
- **Whole grains-** make half your grain whole grain at least 3oz per day. Choose brown rice, whole wheat pasta and bread over refined grains like white bread, pasta, or white rice. These whole grain options are packed with dietary fiber that may help relieve constipation and provide B Vitamins, Vitamin E, protein and minerals.
- **Protein-** Choose low-fat, lean meats, poultry and plant-based proteins. Vary your protein sources with fresh or canned seafood or nuts, seeds, and soy products which provide important nutrients your body needs, like unsaturated fats, dietary fiber, and vitamin D. If these options are hard to chew some alternatives are beans, peas, lentils and legumes, they are packed with protein that may help keep muscle mass and strength.
- **Low-fat dairy products-** make the switch to low-fat or fat-free dairy products. Consuming 3 cups of dairy or alternative options are recommended to help maintain bone health, strength, and promote healthier body weight. This includes milk, yogurt, cheese and fortified alternative milk beverages with no added sugars.



Visit our website for more information & free programs. [www.ccesuffolk.org/community-education](http://www.ccesuffolk.org/community-education)

Cornell Cooperative Extension | Suffolk County

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## Cambia el guion con Mi Plato

En mayo celebramos el Mes de los Adultos Mayores. Tomamos el tiempo para reconocer las contribuciones realizadas por las personas mayores, promoviendo su bienestar y destacando las tendencias del envejecimiento. El tema de este año es “Cambiar el guion del envejecimiento.”

Tomémonos el tiempo para cambiar con Mi Plato para promover la salud y mejorar la calidad de vida. Con Mi Plato te concentras en comer alimentos ricos en nutrientes como frutas, vegetales, granos integrales, proteínas magras, productos lácteos bajos en grasa y limitas el consumo de azúcares añadidos y de sodio. Al hacer estos pequeños cambios puedes ayudar a reducir los riesgos de desarrollar enfermedades cardíacas, diabetes, presión arterial alta y colesterol.



- **Frutas y vegetales-** Hacer que la mitad del plato sean frutas y vegetales. Al seleccionar productos enlatados, busque las etiquetas que digan “en su propio jugo” o “bajo en sodio”. Intente comer 1 ½ tazas de fruta entera y al menos 2 ½ tazas de vegetales de distintos colores en total cada día.
- **Granos integrales-** Haga que la mitad de sus granos sean integrales, al menos 3 onzas al día. Elija arroz integral, pasta y pan integrales en lugar de granos refinados como pan blanco, pasta o arroz blanco. Estas opciones de granos integrales están llenas de fibra dietética que puede ayudar a aliviar el estreñimiento y proporcionar vitaminas B, vitamina E, proteínas y minerales.
- **Proteína-** Elija carnes magras y bajas en grasas, aves y proteínas de origen vegetal. Varíe sus fuentes de proteínas con mariscos frescos o enlatados, nueces, semillas y productos de soya que aportan nutrientes importantes que su cuerpo necesita, como grasas insaturadas, fibra dietética y vitamina D. Si estas opciones son difíciles de masticar algunas alternativas son los frijoles, guisantes, lentejas y legumbres, que están llenas de proteínas que pueden ayudar a mantener la masa muscular y la fuerza.
- **Productos lácteos bajos en grasa-** Cambie a productos lácteos bajos en grasa o sin grasa. Se recomienda consumir 3 tazas de productos lácteos o alternativas para ayudar a mantener la salud y la fuerza de los huesos y promover un peso saludable. Esto incluye leche, yogur, queso y bebidas lácteas alternativas fortificadas sin azúcares añadidos.



Visit our website for more information & free programs. [www.ccesuffolk.org/community-education](http://www.ccesuffolk.org/community-education)

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**Catholic  
Health**

Good Samaritan  
University Hospital

# Navigating the health care system during a hospital stay

**Registration will be done at your  
local Town of Islip Senior Center.**

## 11:00 am - 1:00 pm

This workshop is designed to empower you  
with the knowledge and confidence you need  
for a positive hospital experience.

Light food and beverage will be served.

**Friday, June 13**

Ronkonkoma Senior Center  
299 Rosevale Avenue, Ronkonkoma

**Monday, June 16**

Caesar Trunzo Senior Center  
16 Second Avenue, Brentwood

**Wednesday, July 16**

Joyce Fitzpatrick Senior Center  
50 Irish Lane, East Islip

**Monday, July 28**

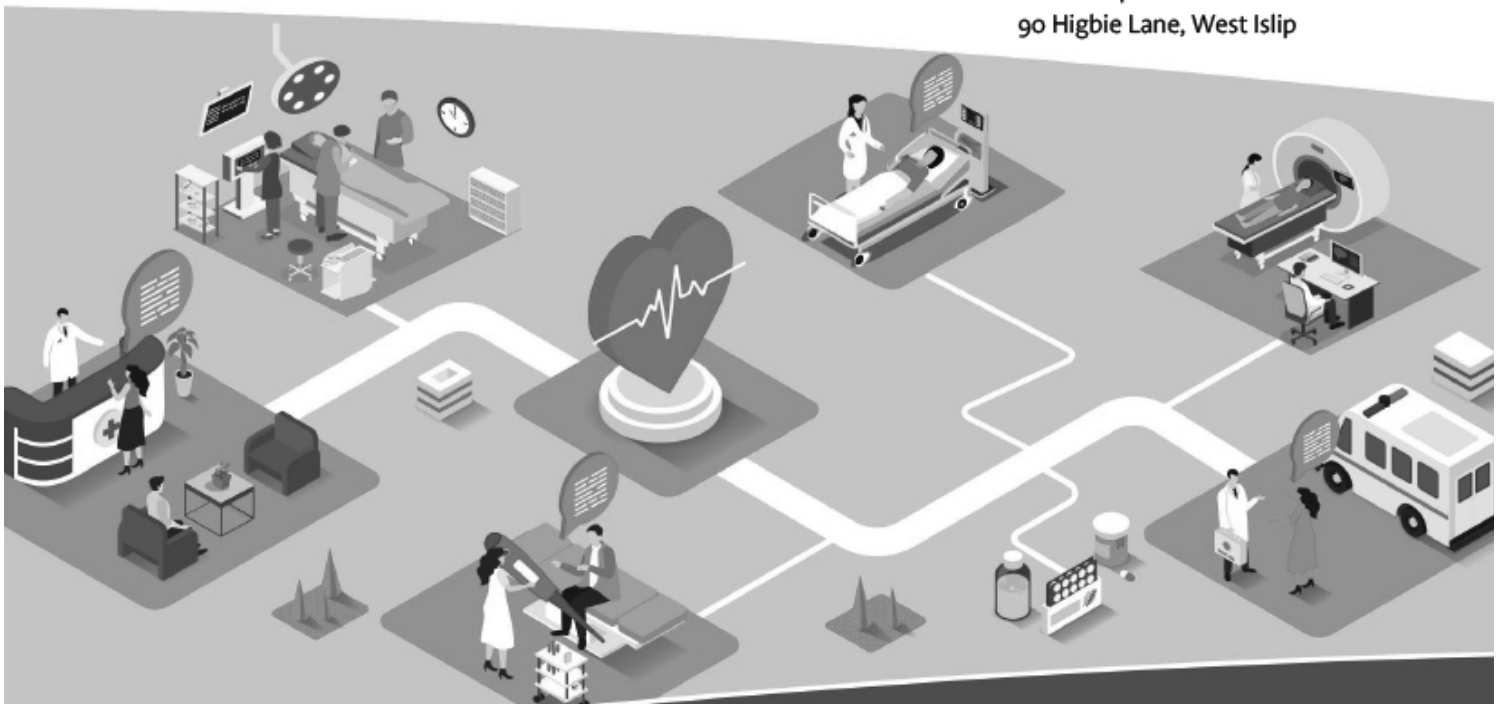
Central Islip Senior Center  
555 Clayton St. Central Islip

**Wednesday, July 30**

Oakdale Senior Center  
963 Montauk Highway, Oakdale

**Thursday, July 31**

West Islip Senior Center  
90 Higbie Lane, West Islip



[goodsamaritanuniversity.org](http://goodsamaritanuniversity.org)

## Reservations begin May 15th



**Town of Islip**  
**Department of Parks and Recreation**  
**Division of Senior Citizens**

# Shopping Assistance

Program for Residents 60+

**Shopping  
on your  
behalf**

**Curbside  
Pickup**

**Help with  
Online  
Ordering**

**Be with  
you when  
groceries  
arrive**



**Call (631) 224-5340 for details**

**Resident is responsible for the purchase of groceries.**  
**Please call the Senior Citizen Office to determine your eligibility.**

*Partially funded by the Administration for Community Living through the  
New York State Office for the Aging and the Suffolk County Office for the Aging.*





**Town of Islip**  
**Department of Parks and Recreation**  
**Division of Senior Citizens**

# Asistencia de Compras

Programa para  
Residentes  
60+

**Compras  
en tu  
nombre**

**Recogida  
en la  
acera**

**Ayuda con  
pedidos  
en línea**

**Estar contigo  
cuando  
lleguen las  
compras**



**Llame al (631) 224-5340  
para más detalles**

**El residente es responsable de la compra de comestibles.  
Por favor llame a la Oficina de la Tercera Edad para determinar su elegibilidad.**

*Financiado parcialmente por la Administración para la Vida Comunitaria a través de la Oficina  
para ancianos del Estado de Nueva York y la Oficina para Ancianos del Condado de Suffolk*

Town of Islip  
Senior Citizen Services



# Tai Chi Classes

## **CAESAR TRUNZO SENIOR CENTER**

**16 Second Avenue, Brentwood, NY 11717**

**Fridays, May 30 to July 11, 2025**

**10:00 a.m. to 11:00 a.m.**

## **CENTRAL ISLIP SENIOR CENTER**

**555 Clayton Street, Central Islip NY 11722**

**Thursdays, May 29 to July 3, 2025**

**1:00 p.m. to 2:00 p.m.**

## **OAKDALE SENIOR CENTER**

**963 Montauk Highway, Oakdale, NY 11769**

**Thursdays, May 29 to July 3, 2025**

**9:30 a.m. to 10:30 a.m.**

## **RONKONKOMA SENIOR CENTER**

**299 Rosevale Avenue, Ronkonkoma, NY 11779**

**Mondays, June 2 to July 7, 2025**

**10:30 a.m. to 11:30 a.m.**

## **WEST ISLIP SENIOR CENTER**

**90 Higbie Lane, West Islip NY 11795**

**Tuesdays, May 27 to July 1, 2025**

**10:15 a.m. to 11:15 a.m.**

**Sign up at your local senior center**



Town of Islip Senior Citizen Services

# ***FREE ART CLASSES***

LEARN TO CREATE YOUR OWN MASTERPIECE WITH OUR FREE ART CLASSES TAUGHT BY LOCAL ARTISTS AND CONVENIENTLY HELD AT THE FOLLOWING LOCATIONS:

## **CENTRAL ISLIP SENIOR CENTER**

Wednesdays from 12:30 pm - 2:30 pm

May 7, 14, 21, 28, June 4, 11, 18, 25, July 2, 9, 2025

## **JOYCE FITZPATRICK SENIOR CENTER**

Wednesdays from 9:00 am - 11:00 am

May 7, 14, 21, 28, June 4, 11, 18, 25, July 2, 9, 2025

## **OAKDALE SENIOR CENTER**

Mondays from 12:30 pm - 2:30 pm

May 5, 12, 19, June 2, 9, 16, 23, 30, July 7, 14, 2025

## **RONKONKOMA SENIOR CENTER**

Mondays from 9:30 am - 11:00 am

May 5, 12, 19, June 2, 9, 16, 23, 30, July 7, 14, 2025

## **WEST ISLIP SENIOR CENTER**

Tuesdays from 10:00 am - 12:00 pm

May 6, 13, 20, 27, June, 3, 10, 17, 24, July 1, 8, 2025

# Center Craft Creations

**Sign up at your local senior center**

**CAESAR TRUNZO**

**Wednesdays - 12:30 pm - 2:30 pm**  
**May 7, 21, June 4, 18, 2025**

**CENTRAL ISLIP**

**Mondays - 9:30 am - 11:30 am**  
**May 5, 19, June 2, 16, 2025**

**JOYCE FITZPATRICK**

**Wednesdays - 9:00 am - 11:00 am**  
**May 14, 28, June 11, 25, 2025**

**OAKDALE**

**Thursdays - 12:30 pm - 2:00 pm**  
**May 8, 22, June 12, 26, 2025**

**RONKONKOMA**

**Mondays - 12:30 pm - 2:00 pm**  
**May 12, June 9, 23, 2025**

**WEST ISLIP**

**Thursdays - 10:00 am - 12:00 pm**  
**May 1, 15, 29, June 5, 2025**



# JAKE'S 58

## HOTEL & CASINO

**YOU'RE INVITED TO TAKE A  
CHANCE ON A DAY OF FUN**

**MONDAY, AUGUST 18<sup>th</sup>**

**10:00 AM - 1:30 PM**

**FEELING  
LUCKY?**



**NEED A PHOTO ID**

**Sign up today at your local senior center**

**Town of Islip  
Department of Parks, Recreation and Cultural Affairs  
Division of Cultural Affairs and Senior Citizen Services**





# CENTER PHOTOS

## Central Islip



## Joyce Fitzpatrick



## Ronkonkoma





# CENTER PHOTOS

## Caesar Trunzo



## West Islip



## Oakdale







# CAESAR TRUNZO SENIOR CENTER

16 Second Avenue, Brentwood • (631) 436-6072

## MONDAY

- Dominoes, Billiards, Puzzle and Game tables – All Day
- Brentwood #1 Club – 2nd and 4th Monday of the Month – 10:00 a.m. – 3:00 p.m.
- Sing-a-Long – 1st and 3rd Monday of the Month 10:00 a.m.
- Movie Matinee – 1st and 3rd Monday of the Month 12:00 p.m.

## TUESDAY

- Dominoes, Billiards, Puzzle and Game tables – All Day
- Get Fit with Nick – 10:00 a.m. – 11:00 a.m.
- Bingo – 12:00 p.m. – 2:30 p.m.

## WEDNESDAY

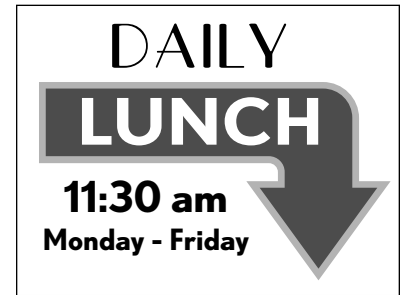
- Dominoes, Billiards, Puzzle and Game tables – All Day
- Get Fit with Nick – 10:15 a.m. – 11:00 a.m.
- Diamonds and Pearls Club – 11:15 a.m. – 4:00 p.m.
- Center Craft Creations – 12:30 p.m. – 2:30 p.m. (May 7, 21, June 4, 18)

## THURSDAY

- Dominoes, Billiards, Puzzle and Game tables – All Day
- Hispanic American Club – 10:00 a.m. – 4:00 p.m.

## FRIDAY

- Dominoes, Billiards, Puzzle and Game tables – 10:00 a.m. – 11:30 a.m.
- Painting and Crafts – 10:00 a.m.
- Tai Chi – 10:00 a.m. – 11:00 a.m.
- Bingo – 12:00 p.m. – 2:30 p.m.



### Sing-A-Long

Singers and Piano Player  
Needed on Mondays

### 20<sup>th</sup> Anniversary Party

May 20<sup>th</sup> • 10:30 a.m. – 3:00 p.m.  
Sign-up at the center

**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**





# CAESAR TRUNZO SENIOR CENTER

16 Second Avenue, Brentwood • (631) 436-6072

## Mother's Day Breakfast



**Wednesday, May 7**  
**9:30 a.m.**  
**Fee: \$3.00**

Honor the precious women in our lives with a special breakfast! Waffle bites, dips, and fruit will be served. Please sign up and pay by Thursday, May 1.

## 20th Anniversary Party



**Tuesday, May 20**  
**10:30 a.m.**  
**Fee: \$20.00**

Celebrate the 20th Anniversary of the Caesar Trunzo Senior Center! Let's party like its 2025 with a DJ, delicious Italian lunch and lots of dancing and fun! Please sign up and pay by Friday, May 9.

## Father's Day Breakfast



**Friday, June 13**  
**9:30 a.m.**  
**Fee: \$3.00**

It's the men's turn! Enjoy some delicious breakfast sandwiches to acknowledge our amazing dads. Please sign up and pay by Monday, June 9.

## Start of Summer Bingo Bash



**Tuesday, June 17**  
**11:00 a.m.**  
**Fee: \$12.00**

Kick off summer fun with a Bingo Bash Blast! Please sign up and pay by Tuesday, June 10.



# CENTRAL ISLIP SENIOR CENTER

555 Clayton Street, Central Islip (631) 595-3508

## MONDAY

- Social Chat – 9:00 a.m.
- Billiards and Ping Pong – All Day
- Center Craft Creations – 9:30 a.m. - 11:30 a.m. (May 5, 19, June 2, 16)
- Gems and Jewels Club – Every other Monday 10:00 a.m. - 3:00 p.m.
- Beginners Mahjong Class – 10:00 a.m.
- Bingo – 12:30 p.m.

## TUESDAY

- Social Chat – 9:00 a.m.
- Billiards and Ping Pong – All Day
- Movement to Music – 10:00 a.m. - 11:00 a.m.
- Senior Sneakers Group Walk – 1:00 p.m. - 1:30 p.m.  
(Rain or shine; DVD indoors in inclement weather)

## WEDNESDAY

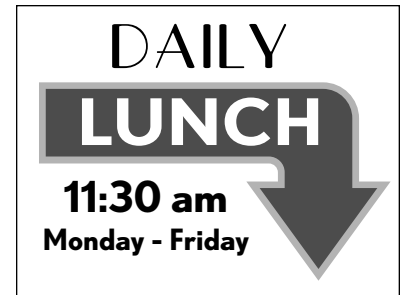
- Social Chat – 9:00 a.m.
- Billiards and Ping Pong – All Day
- Moving and Grooving – 10:00 a.m.
- Art Class – 12:30 p.m. - 2:30 p.m.
- Bingo – 12:30 p.m.

## THURSDAY

- Social Chat – 9:00 a.m.
- Billiards and Ping Pong – All Day
- Get Fit with Nick – 10:15 a.m. - 11:15 a.m.
- Poker and Roulette – 10:00 a.m.
- Tai Chi – 1:00 p.m. - 2:00 p.m.

## FRIDAY

- Social Chat – 9:00 a.m.
- Billiards and Ping Pong – All Day
- Trivia – 10:00 a.m.
- Afternoon Matinee – 1:00 p.m.



**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**



# CENTRAL ISLIP SENIOR CENTER

555 Clayton Street, Central Islip (631) 595-3508

## Dance Party 2!

**Tuesday, May 20**

**11:00 a.m.**

**Fee: FREE**

Did someone say ENCORE?? We had so much fun at our Grand Opening Dance Party that we're doing it again! Join us for lunch, dessert, dancing, and MORE dancing. Don't forget to bring your boogie shoes and signature moves. Please sign up by Wednesday, May 7.

## Vegas Casino Party

**Wednesday, May 14**

**12:00 p.m.**

**Fee: \$5.00**

Join us for a fun-filled Vegas Casino Party! Enjoy a day of classic casino games, blackjack, poker, and roulette, Enjoy some great music, and plenty of chances to win fun prizes. The perfect way to experience the thrill of Vegas without leaving town! Come for the games, stay for the laughter, and make unforgettable memories with friends! Please sign up and pay by Wednesday, May 7.

## Senior Safety

**Monday, May 5 at 10:00 a.m.**

Presentation by the  
Suffolk County Police Department  
Homeland Security Section.



## Central Islip's Got Talent

**Wednesday, June 18**

**12:30 p.m.**

**Fee: \$3.00**



Do you have a special talent? We'd love for you to share it! Sing us a song, tell a joke, or perform a magic trick...the possibilities are endless! Please join us for a talent showcase while enjoying light refreshments. Sign up and pay by Wednesday, June 11.

## Burgers & Backyard Games



**Wednesday, June 11**

**12:00 p.m.**

**Fee: \$5.00**

Join us for a delicious hamburger lunch and Italian ices. Enjoy some friendly competition while playing fun outdoor games! Please sign up and pay by Monday, June 2.



# JOYCE FITZPATRICK SENIOR CENTER

50 Irish Lane, East Islip • (631) 224-5396

## MONDAY

- Billiards – All Day
- Rummy-O – 9:30 a.m.
- Book Club – First Monday of the Month – 10:00 a.m.
- Movement to Music – 10:00 a.m.
- Bingo – 12:15 p.m. - 2:30 p.m.

**DAILY**  
**LUNCH**  
**11:30 am**  
Monday - Friday

## TUESDAY

- Billiards – All Day
- Poker – 10:00 a.m. - 2:00 p.m.
- Line Dancing – 10:00 a.m. - 11:00 a.m.
- Get Fit with Nick – 12:15 p.m. - 1:15 p.m.
- Tech Help – 1:30 pm - 2:30 p.m.

**Mahjong**  
**Instruction Available**  
Call center for details

## WEDNESDAY

- Art Class – 9:00 a.m. - 11:00 a.m.
- Billiards – All Day
- Center Craft Creations – 9:00 a.m. - 11:00 a.m. (May 14, 28, June 11, 25)
- Club #3 – 1st and 3rd Wednesday of the Month – 12:30 p.m. - 3:00 p.m.
- Zumba – 2nd and 4th Wednesday of the Month – 12:00 p.m.

## THURSDAY

- Billiards – All Day
- Get Fit with Nick – 9:00 a.m. - 10:00 a.m.
- Mahjong – 11:00 a.m.
- Senior Meal Deal – 12:00 p.m. (May 8, 15, 22, 29, June 5, 12, 26)
- Horse Racing – 12:30 p.m.

## FRIDAY

- Billiards – All Day
- Left, Right, Center and Rummy-O – 9:30 a.m.
- Bingo – 12:15 p.m. - 2:30 p.m.

**Operation**  
**Medicine Cabinet**  
First Wednesday of  
every month  
10:00 a.m. - 11:00 a.m.

**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**



# JOYCE FITZPATRICK SENIOR CENTER

50 Irish Lane, East Islip • (631) 224-5396

## Line Dancing Extravaganza



**Tuesday, May 13**

**11:00 a.m.**

**Fee: FREE**

Whether you're a beginner or you're a pro, you don't want to miss this! We will be dancing the day away, serving lunch and dessert along with the festivities. If you don't dance, please feel free to come and enjoy the show. Please sign up by Tuesday May 6.

## Mother's Day Celebration



**Monday May 12**

**1:15 p.m.**

**Fee: FREE**

All our moms need to be celebrated for what they have done and still do for us. We will be serving cake to celebrate at 1:15 p.m. Sign up by Monday, May 5.

## Almost Summer Bingo Bash



**Friday, June 6**

**11:00 a.m.**

**Fee: \$20.00**

With summer fast approaching, let's beat the heat with a big bash! A Bingo bash!! We will be serving delicious American or Italian heroes. Please sign up and pay by Friday, May 30.

## Father's Day Celebration



**Monday, June 16**

**Time: 11:30 a.m.**

**Fee: FREE**

We will be celebrating Father's Day with Bingo and a fathers only raffle!!!! So come on down and try your luck, you may go home a winner!! Please sign up by Monday, June 9.



# OAKDALE SENIOR CENTER

963 Montauk Highway, Oakdale • (631) 472-7023

## MONDAY

- Social Cards – 9:30 a.m. - 3:30 p.m.
- Social Chat – 9:30 a.m. - 3:30 p.m.
- Art Class – 12:30 p.m. - 2:30 p.m.
- Tech Workshop – 12:30 p.m. - 2:30 p.m.

## TUESDAY

- Social Cards – 9:30 a.m. - 3:30 p.m.
- Crochet – 10:00 a.m. - 11:00 a.m.
- Bingo – 1:00 p.m.

## WEDNESDAY

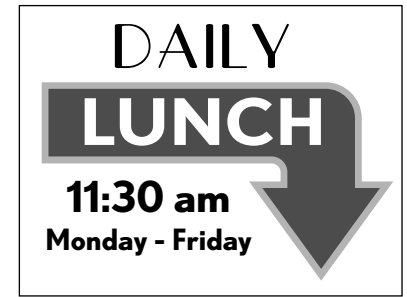
- Social Cards – 9:30 a.m. - 11:00 a.m.
- Over 60 Club – 1st, 3rd and 5th Wednesday of the Month – 1:00 p.m.
- Special Event/Movie Matinee – 2nd and 4th Wednesday of the Month – 1:00 p.m.

## THURSDAY

- Social Chat – 9:30 a.m. - 1:00 p.m.
- Tai Chi – 9:30 a.m. - 10:30 a.m.
- Center Craft Creations – 12:30 p.m. - 2:00 p.m. (May 8, 22, June 12, 26)
- Table Bowling/Special Event alternate Thursdays – 12:30 p.m. - 2:00 p.m.

## FRIDAY

- Social Cards – 11:00 a.m. - 3:30 p.m.
- Get Fit with Nick – 10:00 a.m. - 11:00 a.m.
- Bingo – 1:00 p.m.



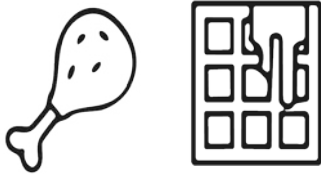
**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**



# OAKDALE SENIOR CENTER

963 Montauk Highway, Oakdale • (631) 472-7023

## Fried Chicken & Waffles Bingo Bash



**Tuesday, May 13, 2025**

**Time: 1:00 p.m.**

**Fee: \$20.00**

Enjoy a Bingo bash with a late lunch of crispy fried chicken and waffles with maple syrup! Fee includes lunch and Bingo cards. Please sign up and pay by Tuesday, May 6.

## Memorial Day Celebration and Mind Games



**Wednesday, May 28**

**1:00 p.m.**

**Fee: \$3.00**

Challenge your minds with word search, written trivia, word scramble...Includes holiday theme snacks. Please sign up and pay by Wednesday, May 21.

## Oakdale Derby



**Wednesday, June 11**

**1:00 p.m.**

**Fee: \$15.00**

Wear your derby hats and bet on your favorite horses. Mocktails and snacks will be served. Fee includes 1 entry for each of the 12 races. Please sign up and pay by Wednesday, June 4.

## Summer Carnival with Ice Cream



**Wednesday, June 25**

**1:00 p.m.**

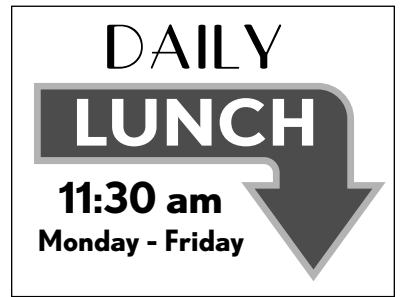
**Fee: \$3.00**

Celebrate summer fun outdoors- playing games including bean bag throw, corn hole, ring toss, hopscotch for seniors. Enjoy cold beverages and snacks. Please sign up and pay by Wednesday, June 18.



# RONKONKOMA SENIOR CENTER

299 Rosevale Avenue, Ronkonkoma • (631) 467-3324



## MONDAY

- Get Fit with Nick – 9:30 a.m. - 10:30 a.m.
- Art Class – 9:30 a.m. - 11:00 a.m.
- Tai Chi – 10:30 a.m. - 11:30 a.m.
- Dominos and Cards – 12:00 p.m.
- Center Craft Creations – 12:30 p.m. - 2:00 p.m. (May 12, June 9, 23)

## TUESDAY

- Line Dancing – 10:00 a.m. - 11:00 a.m.
- Ronkonkoma Seniors Club – 2nd and 4th Tuesday of the Month – 12:00 p.m. - 2:30 p.m.
- Dominos – 12:00 p.m.

## WEDNESDAY

- Social Coffee and Chat – 9:30 a.m. - 11:30 a.m.
- Bingo – Card selection at 12:15 p.m., Games at 12:30 p.m.

## THURSDAY

- Line Dancing – 10:00 a.m. - 11:00 a.m.

**Card Players Wanted**  
Tuesday & Thursday  
afternoons.  
See Center Staff for details.

## FRIDAY

- Social Coffee and Chat – 9:30 a.m. - 11:30 a.m.
- Bingo – 1st and 3rd Fridays - Card selection at 12:15 p.m.; Games at 12:30 p.m.
- Mahjong – 12:30 p.m.
- Horse Racing – 2nd and 4th Fridays - Racing forms must be handed in by 12:15 p.m.  
Races start at 12:30 p.m.

**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**





# RONKONKOMA SENIOR CENTER

299 Rosevale Avenue, Ronkonkoma • (631) 467-3324

## Annual Center BBQ

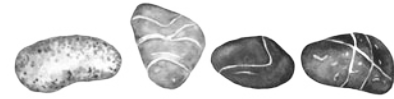
**Wednesday, May 21**

**10:30 a.m.**

**Fee: \$20.00**

It's time! The unofficial start of the Summer officially starts with our Annual Center BBQ! Burgers and dogs cooked on the grill, with music and games to start your summer the right way. Please sign up and pay in full by Wednesday, May 14. There will be no late sign-ups for this event.

## Rock Garden Riot



**Wednesday, May 28**

**9:30 a.m.**

**Fee: FREE**

We're rocking out in our rock garden. Come add your own unique creation! We provide the rocks, and you provide your imagination. Please sign up by Tuesday, May 27.

## Senior Safety

**Wednesday, May 14 at 10:00 a.m.**

Presentation by the  
Suffolk County Police Department  
Homeland Security Section.



## Bingo Bash & Pizza

**Wednesday, June 18**

**12:00 p.m.**

**Fee: \$20.00**

It's starting to heat up, but if you play it cool, you could win big! First, we satisfy your appetite with some pizza, then it's high stakes Bingo like only we can in Ronkonkoma. Please sign up and pay Friday, June 13.

## Hors d'oeuvres & Horses

**Friday, June 27**

**12:00 p.m.**

**Fee: \$5.00**



The horses are on the track, and the hors d'oeuvres are on the plate! Our fabulous Friday Horseracing just got better with a sampling of appetizers to fill your belly.

Get ready for an afternoon of horseracing that can't be beat! Please sign up and Friday, June 20.



# WEST ISLIP SENIOR CENTER

90 Higbie Lane, West Islip • (631) 893-8932

## MONDAY

- Ping Pong – All Day
- Art Studio – 10:00 a.m. - 3:00 p.m.
- Social Cards – 10:00 a.m. - 3:00 p.m.
- Get Fit with Nick – 12:30 p.m. - 1:15 p.m.
- Mahjong – 12:00 p.m. - 3:00 p.m.

## TUESDAY

- Ping Pong – All Day
- Needles and Crafts Club – 10:30 a.m. - 12:30 p.m.
- Pokeno – 10:00 a.m. - 11:30 a.m.
- Tai Chi – 10:15 a.m. - 11:15 a.m.
- Art Class – 10:00 a.m. - 12:00 p.m.
- Mahjong – 12:30 p.m. - 2:30 p.m.
- Bingo – 1:00 p.m. - 2:30 p.m.

## WEDNESDAY

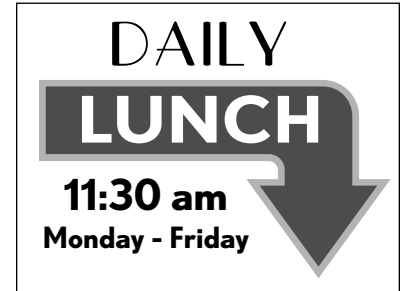
- Ping Pong – All Day
- Get Fit with Nick – 9:00 a.m. - 10:00 a.m.
- Art Studio – 10:00 a.m. - 3:00 p.m.
- Social Cards – 10:00 a.m. - 3:00 p.m.

## THURSDAY

- Ping Pong – All Day
- Pokeno – 10:00 a.m. - 11:30 a.m.
- Art Studio – 10:00 a.m. - 3:00 p.m.
- Center Craft Creations – 10:00 a.m. - 12:00 p.m. (May 1, 15, 29, June 5)
- Games, Cornhole, Tabletop Shuffleboard – 9:30 a.m. - 11:30 a.m.
- Deer Lake Club – 12:00 p.m. - 2:00 p.m.
- Mahjong – 12:30 p.m. - 2:30 p.m.

## FRIDAY

- Ping Pong – All Day
- Movement to Music – 10:00 a.m. - 11:00 a.m.
- Social Cards – 10:00 a.m. - 3:00 p.m.
- Art Studio – 10:00 a.m. - 3:00 p.m.
- Mahjong – 12:30 p.m. - 2:30 p.m.
- Bingo – 1:00 p.m. - 2:30 p.m.



**Reservations for Lunch required. Must be ordered day before by 12:00 p.m.**



# WEST ISLIP SENIOR CENTER

90 Higbie Lane, West Islip • (631) 893-8932

## Mother's Day Breakfast



**Friday, May 9**  
**10:00 a.m.**  
**Fee: \$4.00**

Come Celebrate Mother's Day with all our moms and grandmothers! We will be serving savory eggs, sausages, and fruit salad. Then play a game of Pokeno with friends. Please sign up and pay by Tuesday, May 6.

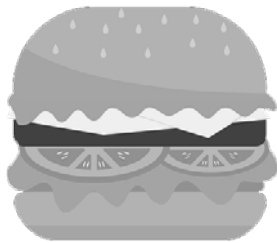
## Memorial Day Party



**Friday, May 23**  
**12:00 p.m.**  
**Fee: \$20.00**

Join us for Memorial Day festivities with your favorite DJ John Walters. We will be serving delicious fried chicken and gourmet salads. Please sign up and pay by Tuesday, May 13.

## Father's Day



**Friday, June 13**  
**11:30 a.m.**  
**Fee: FREE**

Fathers and grandfathers are unsung heroes. Come to a luncheon of cheeseburgers, beans, and salads, then enjoy a game of Bingo. Please sign up by Tuesday, June 10.

## Summer Solstice Fun!



**Friday, June 20**  
**10:00 a.m.**  
**Fee: FREE**

Let's get out and enjoy the great outdoors with some fun outdoor games! Refreshments will be provided. Please sign up by Friday, June 13.

# Town of Islip



# Music Festival

*on the Fairway*

**PENNY LANE**  
Beatles Tribute

**BLINK 180 WHO**  
Blink 182 Tribute

**LET IT BLEED**  
Rolling Stones Tribute

**MILAGRO**  
Santana Tribute

**THE RONALD REAGANS BAND**  
Big '80s Show



*Featuring*  
The Wiseman & Big Hits 98.1

**FREE  
Admission  
& Parking**

**Saturday  
JUNE 14  
3 pm - 9 pm**

**Food Trucks,  
Beer & Wine  
Garden**

**Holbrook Country Club  
700 Patchogue-Holbrook Road, Holbrook**

Please No Coolers on Festival Grounds

(631) 224-5430 | [www.islipny.gov](http://www.islipny.gov)

**Angie M. Carpenter, Supervisor**

TOWN BOARD

James P. O'Connor • Jorge Guadrón • John M. Lorenzo • Michael McElwee, Jr.

Linda D. Vavricka, Town Clerk • Andy Wittman, Receiver of Taxes

Thomas S. Owens, Commissioner of Parks, Recreation and Cultural Affairs





# IMPORTANT TELEPHONE NUMBERS

The following numbers are to obtain information. Some may refer you to local chapters or affiliates.

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**Suffolk County Non-Emergency** ..... (631) 852-COPS

**AARP** ..... General Number: 1-888-687-2277  
[www.aarp.org](http://www.aarp.org)

**HEAP Home Energy Assistance Program** ..... (631) 853-8326

**Town of Islip Housing Authority**  
**Senior Housing and Subsidized Housing for Seniors** ..... (631) 589-7100

**MEDICAID** ..... For eligibility information call: (631) 853-8730

**MEDICARE** ..... General Number: 1-800-633-4227  
[www.medicare.gov](http://www.medicare.gov)

**SCAT Suffolk County Accessible Transportation for Disabled** ..... (631) 853-8333  
or (631) 853-8337

**SNAP (formerly known as Food Stamps)**  
**Social Services Smithtown Center** ..... (631) 853-8714  
[www.suffolkcountyny.gov](http://www.suffolkcountyny.gov) or [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)

**Social Security**..... 1-800-772-1213  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

**Suffolk County Office for the Aging** ..... General Number: (631) 853-8200

**Suffolk County Veterans Service Agency**  
**Hauppauge Office at 100 Veterans Memorial Highway** ..... (631) 853-VETS  
**Riverhead Office at 300 Center Drive** ..... (631) 852-1410

**VIBS 24-hour Hotline** ..... 631-360-3606  
[www.vibs.org](http://www.vibs.org)

Concerned about financial exploitation, suspicious phone calls, strange visitors, senior bullying or abuse? The **24-hour hotline at VIBS** can help. We are here to answer your call at any time. Call the hotline or visit our website for more resources.



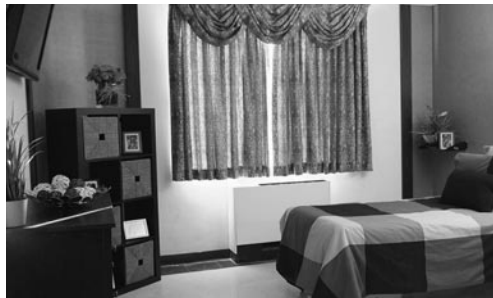
# ADVERTISEMENTS

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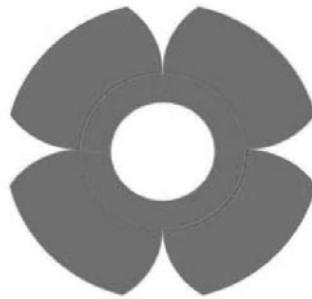
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