

## Food & Water

Keep at least one gallon of water per person per day for a minimum of 5-7 days and store in a cool place. At a minimum, store at least a three-day supply of non-perishable food. Select foods that do not require refrigeration or preparation, and that need little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your

### Disaster Supplies Kit:

- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)
- High energy foods; comfort foods
- Vitamins
- Special food for infants and elderly

### Tools and Miscellaneous Supplies

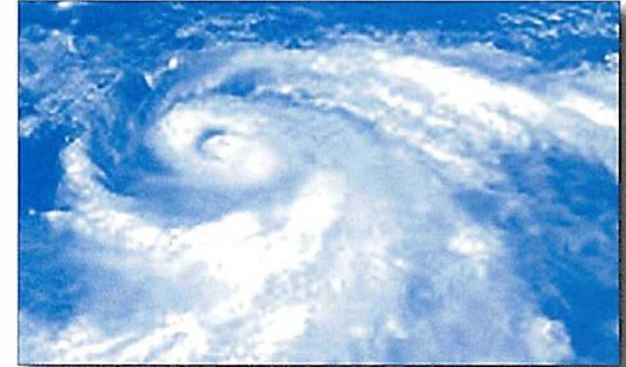
- Mess kits, or paper cups, plates, and plastic utensils
- Emergency preparedness manual
- Cash or traveler's checks, change
- Non-electric can opener, utility knife
- Fire extinguisher: small canister, ABC type
- Easy to assemble tent
- Pliers
- Tape
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare and whistle
- Paper, pencil
- Needles, thread
- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Plastic sheeting
- Map of the local area

### Know What to do After a Hurricane is Over

- Continue listening to local radio stations for weather advisories and instructions.
- If you evacuated during the storm, return home only when local officials tell you it is safe to do so.
- Inspect your home for damage, and document with photographs before and after the storm.
- Until electricity is restored, use flashlights in the dark: do **not** use candles.



# Town of Islip



## Emergency Phone Numbers

**Town of Islip Public Safety ..... (631) 224-5306**  
(accepts calls 24 hours a day)

**Local Police, Fire, Ambulance ..... 911**

**Suffolk County Police ..... (631) 852-COPS**  
**Non Emergency**

**American Red Cross ..... (631) 924-6700**  
**Suffolk**

**Town of Islip**  
**655 Main Street**  
**Islip, NY 11751**  
**(631) 224-5500**



**Town of Islip**  
**Office of Emergency Management**  
**(631) 224-5730**

**To print additional copies of this guide,**  
**please visit us at [www.islipny.gov](http://www.islipny.gov)**

### Sign up for eAlerts

Stay informed during an emergency, sign up on our website to receive important news and information sent directly to your phone or email.

# Resident Guide to Hurricane & Emergency Preparedness

Angie M. Carpenter, Supervisor

#### TOWN BOARD

Trish Bergin • John C. Cochrane Jr.  
Mary Kate Mullen • James P. O'Connor

Olga H. Murray, Town Clerk

Being prepared for an emergency is crucial at home, school, work and in your community.

Disaster can strike quickly and with little warning. It can force you to evacuate your neighborhood, workplace or school, or can confine you to your home. What would you do if basic services – water, gas, electricity or telephones – were interrupted? Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone right away. Therefore, the best way to ensure the safety of you and your family is to be prepared **BEFORE** disaster strikes.

### Know What the Terms Hurricane WATCH and WARNING Mean

**WATCH:** Hurricane conditions are *possible* in the specified area of the WATCH, usually within 36 hours.

**WARNING:** Hurricane conditions are *expected* in the specified area of the WARNING, usually within 24 hours.

### Know What to Do When a Hurricane WATCH is Issued

- Listen for up-to-date weather advisories on local radio stations, including WALK (97.5 FM), WBAB (102.3 FM), or WBLI (106.1 FM).
- Prepare to bring the following items inside: hanging and potted plants, lawn furniture, garden ornaments, trash cans, and anything else that can be picked up by the wind.
- Prepare to cover all windows in your home. If shutters have not been installed, use precut plywood. Note: tape does not prevent windows from breaking, so taping windows is not recommended.
- Secure outdoor gates / reinforce garage doors
- Check batteries and stock up on canned food, first aid supplies, bottled drinking water, and medications.
- Fill your car's gas tank, and check the oil and tires.

### Know What to do When a Hurricane WARNING is Issued

- Listen to the advice of local officials, and evacuate if they tell you to do so.
- If you are not advised to evacuate, stay inside, away from windows.
- Be aware that the calm "eye of the storm" is deceptive; the storm is not over. The worst part of the storm will happen once the eye passes over and the winds blow from the opposite direction. Trees, shrubs, buildings, and other objects damaged by the first winds can be broken or destroyed by the second winds.
- Be alert for tornadoes. Tornadoes can happen during a hurricane and after it passes over. In the event of a tornado, remain indoors, in the center of your home, in a closet or bathroom without windows.
- Prepare first aid supplies, drinking water, and medications; complete preparation activities.

### Prepare a Personal Evacuation Plan

- Identify ahead of time where you will go if you are told to evacuate. Choose several places—a friend's home in another town, a motel, or a shelter.
- Keep handy the telephone numbers of these places, as well as a road map of your locality. You may need to take alternative or unfamiliar routes if major roads are closed or clogged.
- Continue to monitor weather advisories via local radio stations. If advised to evacuate, do so immediately.

### Take these items with you when evacuating:

- Prescription medications and medical supplies.
- Car keys and maps.
- Extra cash; ATMs may not be operational and banks could be closed.
- Documents, including driver's license, Social Security card, proof of residence, insurance policies, wills, deeds, birth and marriage certificates, tax records, etc.
- First aid kit, battery-operated radio and flashlight, and extra batteries.
- Bedding and clothing, including sleeping bags and pillows.

### Assemble a Disaster Supplies Kit, Including the Following Items:

- First aid kit (see list below) and essential medications.
- Canned food and manual can opener.
- One gallon of water per person per day, for a minimum of three days.
- Protective clothing, rainwear, bedding or sleeping bags.
- Battery-powered radio and flashlight with extra batteries.
- Special items for infants, elderly, or disabled family members.
- Plastic sheeting and duct tape. If needed, these items can be used to create a temporary shelter.

### First Aid Supplies

Have the following essentials:

- Absorbent compress, 5" x 9" dressing
- Adhesive bandages (assorted sizes)
- Adhesive cloth tape, 5 yards/1 inch wide
- Antibiotic ointment packets (approximately 1g)
- Antiseptic wipe packets
- Packets of aspirin (162mg)
- Pair of non-latex gloves (large)
- Scissors
- Roller bandage, 3 inches wide
- Sterile gauze pads, 3" x 3"
- First aid instruction information

### Medications: Don't get caught without them!

If you use prescription medications, keep at least a three-day supply of these medications at your workplace and in your first aid kit. Consult with your physician or pharmacist about how these medications should be stored, and your employer about storage concerns. Also include usual non-prescription medications used by your family in your first aid kit, including pain relievers, stomach remedies, etc.



# Town of Islip

## Be Ready. Prepare Now.

### Recommended Emergency Supplies for Pets

**Food.** Keep at least three days of food in an airtight, waterproof container.

**Water.** Store at least three to seven days of water specifically for your pets in addition to water you need for yourself and your family.

**Medicine and medical records.** Keep an extra supply of medicine your pet takes on a regular basis in a waterproof container.

**First aid kit.** Talk to your veterinarian about what is most appropriate for your pet's emergency medical needs. Most kits should include: cotton bandage rolls, bandage tape and scissors; antibiotic ointment; flea and tick prevention; latex gloves, isopropyl alcohol and saline solution.

**Collar with ID tag, harness or leash.** Your pet should wear a collar with rabies tag and identification at all times. Include a backup leash, collar and ID tag. Include medical records in a clean plastic bag or waterproof container. Speak to your vet about permanent identification such as micro chipping, and enrolling your pet in a recovery database.

**Crate or other pet carrier.** If you need to evacuate in an emergency situation take your pets and animals with you provided that it is practical to do so. In many cases, your ability to do so will be aided by having a sturdy, safe, comfortable crate or carrier ready for transporting your pet. The carrier should be large enough for your pet to stand, turn around and lie down.

**Sanitation.** Include pet litter and litter box if appropriate, newspapers, paper towels, plastic trash bags and household chlorine bleach to provide for your pet's sanitation needs.



#### Angie M. Carpenter, Supervisor

Town Council

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Mary Kate Mullen • James P. O'Connor  
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Anthony Prudenti, Commissioner  
Public Safety Enforcement



## Emergency Pet Supply List

- Disposable litter trays
- 3-7 days' worth of canned or dry food (be sure to rotate every two months)
- Litter or paper toweling
- Liquid dish soap and disinfectant
- Disposable garbage bags for clean-up
- Pet feeding dishes
- Extra collar or harness, as well as an extra leash
- Photocopies of medical records and a waterproof container with a two-week supply of any medicine your pet requires (Remember, food and medications need to be rotated.)
- Bottled water, at least 3-7 days' worth for each person and pet (store in a cool, dry place and replace every two months)
- A traveling bag, crate or sturdy carrier
- Flashlight
- Blanket (for scooping up a fearful pet)
- Recent photos of your pets (in case you are separated and need to make "Lost" posters)
- Especially for cats: toys and scoop-able litter
- Especially for dogs: toys and chew toys, a week's worth of cage liner

For information call the SPCA at 631-382-7722.

For more information about how to prepare, visit [www.ready.gov](http://www.ready.gov) or call 1-800-BE-READY.

For pet friendly hotels, please visit [GoPetFriendly.com](http://GoPetFriendly.com)





# Town of Islip

## EMERGENCY PHONE NUMBERS

### FOR ALL EMERGENCIES DIAL 911

Suffolk County Police  
(non emergency)  
631-852-COPS (2677)

Town of Islip Public Safety  
Enforcement (24-hours)  
631-224-5306

National Grid (Gas Emergency)  
1-800-490-0045

PSEG-LI (Power Outage)  
1-800-490-0075

Suffolk County Water Authority  
631-665-0663

South Shore University Hospital  
631-968-3000

Good Samaritan Hospital  
631-376-3000

St. Catherine of Siena Medical Center  
631-862-3000

Suffolk County Emergency Management  
631-852-4900

Optimum — 631-267-6900 or 631-727-6300

Verizon — 1-800-837-4966

Red Cross — 1-516-747-3500

United Way — 1-888-774-7633



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# Be Ready. Prepare Now.



## Recommended Items for your Basic Emergency Supply Kit



\_\_ Water, 1 gallon per person per day for 5-7 days for drinking and sanitation.

\_\_ Food, at least a 5-7day supply of non-perishable food.

\_\_ Can opener for food.

\_\_ Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both.

\_\_ Flashlight and extra batteries.

\_\_ First Aid Kit.

\_\_ Whistle to signal for help.

\_\_ Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.

\_\_ Moist towelettes, garbage bags and plastic ties for personal sanitation.

\_\_ Wrench or pliers to turn off utilities.

\_\_ Copies of important documents (ID, insurance info, emergency contacts, etc.)

\_\_ Medication and/or Prescription information.

\_\_ Keys — 2nd set for house and car.

\_\_ Cash — small bills.

\_\_ Local maps.

