

# TOWN OF ISLIP

## DEPARTMENT OF PARKS & RECREATION

### AMERICAN RED CROSS

### WATER SAFETY INSTRUCTOR COURSE

Earn your certification to teach American Red Cross swimming and water safety, and gain the skills needed to teach courses and make presentations to swimmers of every age and ability. You can help recreational swimmers meet their goals, refine their skills and stay safe in, on, and around water.

#### Water Safety Instructor Course Prerequisites

- ◆ Must be 16 years old on or before the last day of class.
- ◆ Full participation in all activities is required.
- ◆ Fully demonstrate each stroke for 25 yards, includes crawl stroke, back crawl, breaststroke, sidestroke, elementary backstroke, butterfly, deep water skills such as back float, treading water and diving.

#### Program Information

Dates: April 7, 8, 15, 22, 29, May 6 (May 13 if necessary)  
Times: 9 am - 4 pm  
Location: West Islip High School Pool  
Activity #: 110114A  
Program Fees: \$275 residents, \$375 non-residents.  
Plus an additional \$35 nonrefundable red cross fee. Please put on separate check.  
Make all checks payable to the Town of Islip.

Be prepared to go into the water everyday.

Participants should bring a notebook and pen, change of clothes, towels, lunch, goggles, & swim cap.

**REGISTRATION** - Mail completed registration form along with your method of payment to Town of Islip, Sports Office, 50 Irish Lane, East Islip, NY 11730.

Make checks payable to Town of Islip. For more information please call (631) 224-5404.

**Angie M. Carpenter, Supervisor**

**Town Board**

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